

Parenting Skills



An interactive based curriculum support setting that empasizes how to take an active “in role” in raising children by meeting the child’s physical, emotional, and mental needs.

For additional information:

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Charity-Based Community Services

These services are made available by the efforts of many dedicated, trained men and women utilizing an effective program of classroom instruction, one-on-one teaching, and support groups to help rebuild our community, one person at a time.

Life in Focus education offers charity-based community service to people in need; regardless of language, religion, status, or culture.

Bringing life in focus one lesson at a time.

Program Opportunities

A.C.T.S. Alcohol Chemical Treatment Series

Alcohol and drug education program offering a holistic approach that encompasses the emotional, physical, and spiritual aspects of an individual. Each lesson contains educational information covering the physical, psychological, and emotional changes associated with alcohol or chemical abuses. Visual illustrations and historical applications are applied to each lesson to enhance the education and understanding of each class participant. Each participant will, in turn, be able to relate the lessons into problem solving areas of their own lives.



Anger Management



In a classroom setting using a curriculum based workbook, we explore the cause and effect of anger.

The workbook will

lead the participant through the journey of themselves, their family, and others while providing skills and techniques to control anger and use it in a constructive and creative manner.

Finance

Involvement in this course teaches the student how to open a checking account and gives the student the opportunity to learn how to prepare a budget.

They also learn to write checks, the proper use of ATM and credit cards, and how to reconcile their check register against a bank statement.

How to apply for a loan, interest rates, and the importance of learning to live within their means is also an integral part of this class.



Mentoring



Our mentoring programs represent an on-going process

designed to link positive role models with incarcerated individuals and their family members. This program helps to provide positive input for the incarcerated person, as well as for their family members on the outside whose unique problems and needs are often overlooked by the system.

Correctional institutions, project coordinators, and persons who have received assistance in the past make referrals to this program.

Relationships

During this workshop, the student is exposed to the elements required to build positive relationships

with family and others. By utilizing open discussions, the various facets of positive relationships are acquired. Other topics include domestic violence, work place conflict and positive parenting skills.

